



Susan Belmore-Vermes

**Director of Group Benefits Solutions (Retired)
Health Association Nova Scotia
Halifax, Nova Scotia**

Susan Belmore-Vermes is a seasoned group insurance benefits professional with over 35 years of experience in roles spanning administration, claims management and project development. Throughout her career, she has held roles at leading insurance companies and in government. She recently retired as the director of group benefits solutions at Health Association Nova Scotia after working in that position for 12 years. In that role, Susan provided strategic leadership, directing the management of the self-insured long-term disability plan as well as the broad range of other benefit plans offered to health care workers across the province. Susan was also chief advisor to the trustees overseeing the \$224 million long-term disability trust and sponsored a province-wide early intervention program. Susan believes that innovation and out-of-the-box thinking are crucial to benefit administration and claims management strategies. She has led changes to offer her plan members unique health care options, particularly in mental health.